



# AQUACISE

## BREAKTHROUGH TO THE NEXT LEVEL!

*Group  
Instruction*

*Shallow Light &  
Advanced Classes*

*Stationary Water  
Exercises*

*Courteous Professional  
Training*



*Quality programming  
at an affordable price!*

**PER DAY  
\$7**

**PER WEEK  
\$12**

**PER MONTH  
\$45**

In partnership with



**WEEKLY ADULT AQUACISE CLASS  
EVERY TUESDAY & THURSDAY  
Glendale Pacific Pool**

**9:00-10:00am**

**CLASS RUNS MARCH 10 - JUNE 11**

**REGISTER NOW ONSITE AT PACIFIC POOL!**