

WATER X-FIT

BREAKTHROUGH TO THE NEXT LEVEL!

Group Instruction

H.I.I.T. Anaerobic Training Program CrossFit Style of Workout Done in Pool & Pool Deck

Elite Training Program



Quality programming at an affordable price!

PER DAY **\$10** PER WEEK \$18 per month \$70

In partnership with



WEEKLY ADULT X-FIT CLASS EVERY TUESDAY & THURSDAY Glendale Pacific Pool

> 8:00-9:00am 1:00-2:00pm

CLASS RUNS MARCH 10 - JUNE 11

REGISTER NOW ONSITE AT PACIFIC POOL!